## AIRDRIE ACES ATHLETICS CLUB - CROSS COUNTRY SEASON OPENER

# September 13th, 2014

-PART OF THE SAUCONY XC SERIES 2014, sanctioned by Athletics Alberta.

\*\*\*Hey coaches- this race is a very fast course, all grass, mostly flat (a few small hills)\*\*\*\*

\*\*\*Fast course makes it the perfect season opener. So if you think you are not ready- think again- you are ready for this fun fast course\*\*

Location: Monklands Soccer Park- Airdrie Alberta

Cost \$ 5 / athlete for club athletes, \$5 for school athletes, \$10/open competitor

\*Day of meet insurance for unattached athletes will be available for \$5 at the meet.

#### Medals for top 3 places in each age division presented after each race.

Peewee Girls 1 km 10:00 AM Peewee Boys 1 km 10:10 AM

Bantam Girls 2 km 10:20 AM Bantam Boys 2 km 10:40 AM

Midget Girls 3 km 11:00 AM Midget Boys 4 km 11:25 AM

Youth Girls 4km 11:50 AM Youth Boys 5 km 12:40 PM

Open Women 5 Km 1:20 pm Open men 6 km 2:00 PM

#### Competition categories are as follows:

Peewee- born 03/04 or under

Bantam- born 01/02 Midget- born 99/00 Youth- born 97/98 Open- born 96 or later

**Club Teams**: please use excel spread sheet that is downloadable on our website. link below: http://www.airdrieacesathletics.com/airdrie-aces-athletics-cross-country--season-opener-event.html

School teams- also use excel spreadsheet- just use the school team page please, not the club team page.

Single person unattached entries (non club/non school)- e-mail Jodie directly.

### Any questions:

Call Jodie Matsuba-Szucs at 403-971-5135 cell, or email me at jlm@shaw.ca.