

Saskatchewan Provincial Age Class Cross Country Championships

Hosted by Saskatoon Track & Field Club Sanctioned by Sask. Athletics

Saturday, Oct. 18, 2014

Location: Victoria Park (Spadina Crescent & 17th Street W - Saskatoon)

Entry Fees: \$20.00 per competitor (\$25.00 late registration)

Entry Deadline: Please <u>mail</u> entries and enclose a cheque for fees; <u>postmarked no later</u>

than Monday, Oct. 13/14. Mail to 815 Swan Cres., Saskatoon, S7J 5C7.

Contact: Please direct all queries to Murray McCormick at:

murray.mac1@shaw.ca (email) or (306) 250-9161 (cell)

Course Description: 1 and 2 km loops, all grass, lots of hills, spectator friendly.

Concession on site: Washrooms available at Riverside Badminton & Tennis Club and

Portable washrooms will also available

Awards: - The top three individuals in each category receive a medal

- A team award will be presented in each age category (minimum three to

score; maximum four to a team)

- Competitors are eligible for awards/placings in only one age category

Jr. and Sr. Nationals Winner will receive up to 75% funding for travel in the Jr. & Sr. Categories. 2nd to 4th

place finishers in the Jr. category only receive up to 50% funding for travel to the National Age class Championships in Vancouver (Nov. 29). Contact Sask Athletics for

information.

Age Groups/Events/Times (times subject to change slightly on the day of the races):

Registration: 9:30 am - 12:30 pm

11:30 a.m.	PeeWee Girls (born 2003 or later)	2 km
11:40 a.m.	PeeWee Boys (born 2003 or later)	2 km
11:50 a.m.	Bantam Girls (born 2001-02)	2 km
12:00 p.m.	Bantam Boys (born 2001-02)	2 km
12:15 p.m.	Midget Women (born 1999-2000)	3 km
12:30 p.m.	Midget Men (born 1999-2000)	4 km
12:45 p.m.	Awards: PeeWee, Bantam, Midget	
12:55 p.m.	Youth Women (born 1997-98)	4 km
1:10 p.m.	Youth Men (born 1997-98)	6 km
1:35 p.m.	Junior Women (born 1995-96)	5 km
2:00 p.m.	Junior Men (born 1995-96)	8 km
2:30 p.m.	Masters Men (35+ and incremental)	6 km
	Masters Women (35+ and incremental)	6 km
	Open Women (94 or earlier0	6 km
	Open Men (94 or earlier)	10 km

Awards for Youth, Junior, Masters, and Open classes immediately after final race

- ➤ PeeWee, Bantam, and Midget runners may participate in this competition without a Sask. Athletics membership or Sask. Athletics Day Pass
- Youth, Junior, Open and Masters runners who are not members of Sask Athletics MUST purchase a Sask. Athletics Day Pass at this competition in order to compete

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OFFICIAL ENTRY FORM

(for Sask.Athletics Members in a Club)
(Please make and use extra copies as necessary)

Full Club Name:			Club Abbreviation (4 letters):				
Club Contact Name:			E-mail:				
Club Contact Signature:			Phone:				
Last Name	First Name	Year of Birth	Gender M/F	Age Class	Team* (A/B)	Sask Athletics #	

Entries:

- **\$20.00** per entry (\$25.00 per late entry)
- Entries must be mailed (postmarked by Monday, October 13/14) to:

STFC, Registration 815 Swan Cres. Saskatoon, SK S7J 5C7

- Cheques are payable to STFC (enclose cheques with entries)
- All entries received will be confirmed by e-mail (or phone in the absence of e-mail). If you have not heard back by Friday, Oct. 17, 8:00pm, contact Murray immediately.
- All results will be posted on the Sask. Athletics website

Please direct all inquiries to Murray McCormick at murray.mac1@shaw.ca or 306-250-9161.

^{*}A "Team" in any one category requires a minimum of three runners (maximum four runners).

Top three to score in that category. Clubs are encouraged to enter more than one team.

* Youth, Junior, and Senior runners who are not members of Sask. Athletics <u>MUST</u> purchase a Sask. Athletics Day Pass at this competition in order to compete. PeeWee, Bantam, and Midget runners may participate in this competition without a Sask. Athletics membership or Sask. Athletics Day Pass.

Last Name	First Name		Year of Birth	Gender (M/F)	*Age Class	*Sask Athletics #	
Mailing Address:		Phone Numbers:					
			E	-mail <i>A</i>	Address:		
Parent/Guardian Signature (if registrant is under 18):							

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Mailing Addres	Mailing Address:		Phone Numbers:						
	E-mail Address:								
Parent/Guardian Signature (if registrant is under 18):									

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