

## University of Calgary Athletics Club and the Dinos Cross Country Team are pleased to host:

#### 2014

## STEWART CUP CROSS COUNTRY

# Alberta Senior Cross Country Championships Saturday, October 25, 2014

#### Sanctioned by Athletics Alberta

#### LOCATION:

Canmore Park (formerly called North Capitol Hill Park), Calgary. (19 street and Chicoutimi Drive NW, Calgary). Registration Tent on site

#### **COURSE:**

Canmore Park is a rolling course over grass with some crossing of paved paths.

Note: There are no change facilities or shelter on site. Portable toilets will be on site.

Age Category	Year of Birth	Women	Men	Race Time
Stewart Cup &				
Alberta Championship				
Open Women		6000m		12:00 pm
Open Men			10,000m	12:40 pm

#### **ENTRY FEES:**

University Team Entries: Per Can West Regulations [Maximum of \$100 per school].

Non University/Provincial Championship Entries: \$15.00+\$3.00 Athletics Alberta Fee per participant Non University/Provincial Championship Late Entry: \$20.00 + \$3.00 Athletics Alberta Fee per participant

#### **Athletics Alberta Membership:**

All competitors must be members of Athletics Alberta or their respective Provincial Athletics Association. If athletes are not members of their provincial association, then they can purchase a day of meet membership, cost \$5.00.

#### **AWARDS for Stewart Cup**

- Medals to top 3 Individuals in each race
- Top 5 runners for team score. Medals presented to scoring runners of winning team
- Scoring 1st place scores 1, 2nd place 2, 3rd 3 etc. Lowest total wins.
- Stewart Cup awarded to best overall team results between University of Alberta and University of Calgary.

#### **AWARDS for Alberta Championships**

- Must be members of Athletics Alberta to be eligible for Alberta Championships
- Medals to top 3 eligible Individuals in each race
- Top 4 runners for team score. Medals presented to scoring runners of top 3 eligible teams
- Scoring 1st place scores 1, 2nd place 2, 3rd 3 etc. Lowest total wins.

#### **RESULTS**

Unofficial results will be posted immediately after race. Official results will be posted on web by October 31, 2010.

**Medical:** University of Calgary Athletic Therapy on site

## 2014 STEWART CUP MEMORIAL CROSS COUNTRY

#### **ENTRY FORM**

Name of TEAM, CLUB or SCHOOL \_\_\_\_\_

Last Name	First Name	DATE of Birth mm/dd/yy	Male/Female	Athletics Alberta #
1				
2				
3				
4				
5				
6				
7				
8				
9				
10				

Athletes	@	\$15.00	=	
Athletics Alberta members	@	\$ 3.00	=	
		Total	=	

**ENTRIES:** Due: Monday October 20, 2014

Email: <u>lamont@ucalgary.ca</u>

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