

**2013 U of R Cougar Trot - 14/09/2013****Regina - Wascana Park****Results - Saturday****Girls 2000 Meter Run CC Pee Wee**

Name	Yr	Team	Finals	Points
<b>Results - Women</b>				
1 Elise Morphy	02	Queen City Striders	8:19.58	
2 Ashley Messier	02	Saint Augustine School	8:50.67	
3 Jordy McEachern	03	Queen City Striders	8:56.93	
4 Sydney Gdanski	03	Queen City Striders	9:05.17	
5 Brooke Linner	02	Queen City Striders	9:09.91	
6 Juleah Duesing	02	Queen City Striders	9:12.97	
7 Montana Mellor	02	Queen City Striders	9:16.59	
8 Katya Krueger	03	Saint Augustine School	9:17.42	
9 Jasper Paul	03	Queen City Striders	9:38.21	
10 Stella McLeod	04	Queen City Striders	10:00.00	
11 Grace Pollon	03	Saint Augustine School	10:12.16	
12 Ava Viczko	03	Pangman School	10:24.42	
13 Jordan Hough	00	Unattached	11:02.26	
14 Myah Duperreault	02	Saint Augustine School	11:45.27	
15 Madelyn Weisshaar	03	Saint Augustine School	11:49.07	
16 Raelyn Reinson	05	Saint Augustine School	13:06.36	
17 Janayah Tichkowsky	03	Pangman School	13:16.06	
18 Zoe Tichkowsky	05	Pangman School	13:27.42	
19 Emma Viczko	05	Pangman School	13:27.42	

**Girls 2000 Meter Run CC Bantam**

Name	Yr	Team	Finals	Points
<b>Results - Women</b>				
1 Emma Kraft	00	Queen City Striders	7:19.52	
2 Natalia McCullough	01	Queen City Striders	7:30.02	
3 Chloe McEachern	00	Queen City Striders	7:51.35	
4 Callum Kraft	01	Queen City Striders	7:55.85	
5 Paige Hamann	01	Queen City Striders	8:01.04	
6 Taylor Gravelle	00	Queen City Striders	8:02.94	
7 Sarah Novakowski	01	Yorkton Regional High School	8:06.22	
8 Alyson Edwards	00	Unattached	8:19.98	
9 Jordan Wenger	00	Queen City Striders	8:33.67	
10 Kaitlyn Haubrich	99	Irwin Swift Current	8:35.83	
11 Leah Macfalane	01	Carnduff	8:40.98	
12 Danika Messer	01	Swift Current Fairview	8:50.09	
13 Paige Novakowski	01	Yorkton Regional High School	8:56.74	
14 Kaylee Dodds	00	Queen City Striders	8:58.47	
15 Maija Ash	00	Queen City Striders	9:12.39	
16 Lexi Reid	01	Carnduff	9:44.64	
17 Sydney LaBelle	99	Carnduff	10:40.45	
18 Cyandra Cornish	01	Saint Augustine School	10:57.08	
19 Marta Krueger	00	Saint Augustine School	10:57.08	

**Girls 3k Run CC Midget**

Name	Yr	Team	Finals	Points
<b>Results - Women</b>				
1 Rachel Evans	99	Queen City Striders	11:53.46	
2 Libby Epoch	98	Moose Jaw Peacock	11:56.94	

**2013 U of R Cougar Trot - 14/09/2013****Regina - Wascana Park****Results - Saturday****Results - Women ... (Girls 3k Run CC Midget)**

Name	Yr	Team	Finals	Points
3 Lindsay Balezantis	99	Saskatoon Track & Field	12:25.35	
4 Brooklyn Rawlyk	98	Saskatoon Track & Field	12:40.46	
5 Keena Mcknight	98	Unattached	12:48.37	
6 Jaida Trembley	99	Queen City Striders	12:50.57	
7 Kelsey Haczekwicz	99	Yorkton Regional High School	13:01.30	
8 Jennifer Haczekwicz	99	Yorkton Regional High School	13:06.37	
9 Leah De Gooiger	99	Queen City Striders	13:16.12	
10 Karly Patenaude	99	Swift Current Comprehensive	13:18.54	
11 Jillian Just	98	Yorkton Regional High School	13:19.31	
12 Olivia Lawrence	99	Queen City Striders	13:40.39	
13 Emily Benko	98	Queen City Striders	14:01.75	
14 Malisa Collier	99	Swift Current Comprehensive	14:27.86	
15 Miranda Miller	98	Moose Jaw Vanier	15:06.45	
16 Madelyn Delmage	98	Moose Jaw Vanier	17:00.98	
17 Elise Melanson	98	Moose Jaw Vanier	17:13.55	

**Girls 3k Run CC Youth**

Name	Yr	Team	Finals	Points
<b>Results - Women</b>				
1 Allen Michaela	97	Queen City Striders	12:48.00	
2 Tianna Dodds	97	Queen City Striders	13:10.26	
3 Julia Edwards	96	Unattached	13:45.19	
4 Allyson Fitzgerald	96	Moose Jaw Vanier	15:06.45	
5 Courtney Hunter	96	Moose Jaw Peacock	19:35.59	

**Women 5k Run CC Open**

Name	Yr	Team	Finals	Points
<b>Results - Women</b>				
1 Bevin Kennelly	84	Univ. of Regina Track Club	17:54.97	
2 Jodi Souter	88	Queen City Striders	18:24.18	
3 Aurilla Wilson	97	Queen City Striders	19:07.78	
4 Jennifer Souter	84	Queen City Striders	19:16.56	
5 Brynn Latimer	96	Excel Athletika	19:23.44	
6 Brittany Elliott	91	Riversdale Athletics	19:37.97	
7 Jameli Sang	90	Univ. of Regina Track Club	19:41.28	
8 Tye Buettner	94	U of S A	19:56.75	
9 Courtney Sjodin	91	Riversdale Athletics	20:00.28	
10 Sarah Slusar	96	Queen City Striders	20:03.34	
11 Lindsay Fish	94	University of Regina	20:13.47	
12 Jesse Van Eaton	95	University of Regina	20:24.59	
13 Adriana Davis	96	Queen City Striders	20:34.06	
14 Anne Charles	93	U of S B	20:47.50	
15 Erin Strueby	95	University of Regina	21:04.38	
16 Shannon Delbigio	89	U of S A	21:21.25	
17 Jayme Nagy	92	U of S A	21:23.78	
18 Jayden Matsalla	95	U of S A	21:28.62	
19 Joanne Traves	91	U of S A	21:31.09	
20 Anneliese Davis	94	University of Regina	21:36.59	
21 Cara Wirachowsky	90	U of S A	21:39.47	
22 Brandey Blahut	95	U of S B	21:40.52	

**2013 U of R Cougar Trot - 14/09/2013****Regina - Wascana Park****Results - Saturday****Results - Women ... (Women 5k Run CC Open)**

Name	Yr	Team	Finals	Points
23 Denise Humphreys	94	U of S B	21:50.06	
24 Chelsey Bilan	89	Riversdale Athletics	22:08.53	
25 Katrin Ritchie	92	U of S A	22:14.12	
26 Morgyn Olmstead	95	U of S B	22:21.28	
27 Nyka Sutter	96	Queen City Striders	22:51.34	
28 Ashley Palmer	95	U of S B	23:13.56	
29 Devon Borrowman	95	U of S B	23:37.47	
30 Morgan Lypka	91	U of S B	23:37.47	

**Boys 2000 Meter Run CC Pee Wee**

Name	Yr	Team	Finals	Points
<b>Results - Men</b>				
1 Jacob Paul	02	Queen City Striders	8:03.12	
2 Tanner Funk	02	Irwin Swift Current	8:15.72	
3 Kaiden Fletcher	02	Irwin Swift Current	8:34.72	
4 Brendan Thompson	02	Carnduff	8:35.21	
5 Dylan Pierce	02	Irwin Swift Current	9:10.59	
6 Tyson Coward	02	Irwin Swift Current	9:18.18	
7 Casey Thompson	04	Carnduff	9:19.81	
8 Ethan Kurtz	02	Irwin Swift Current	9:21.28	
9 Hugh Nestor	04	Saint Augustine School	9:35.47	
10 Evan Ungermann	04	Pangman School	9:37.18	
11 Carson Reinson	03	Saint Augustine School	9:43.47	
12 Vincent Palmarin	05	Saint Augustine School	9:45.81	
13 Ivan Krueger	04	Saint Augustine School	10:03.44	
14 Rowan Knopf	02	Unattached	10:14.44	
15 Andrew LaBelle	03	Carnduff	10:21.25	
16 Keagan Merriman	04	Saint Augustine School	10:24.44	
17 Seth Pauwelyn	04	Carnduff	10:53.75	
18 Xavier Paul	05	Unattached	10:55.06	
19 Dominique Davidson	02	Irwin Swift Current	11:42.47	
20 Curtis Phillipchuk	03	Unattached	12:07.69	
21 Carter Beck	05	Carnduff	12:11.31	
22 Aden Svedahl	04	Pangman School	12:29.53	
23 Josh Mattern	04	Saint Augustine School	12:53.97	
24 Nathaniel Tichkowsky	02	Pangman School	12:58.97	
25 Colton Fellner	05	Pangman School	14:16.18	

**Boys 2000 Meter Run CC Bantam**

Name	Yr	Team	Finals	Points
<b>Results - Men</b>				
1 Ron MacLean	01	Queen City Striders	6:32.62	
2 Josh Linner	01	Queen City Striders	7:50.53	
3 Andrew Hillsden	00	Queen City Striders	7:54.38	
4 Adam Preston	01	Unattached	8:13.69	
5 Ben Norton	01	Queen City Striders	8:14.75	
6 Zane Pollon	00	Saint Augustine School	8:32.31	
7 Jordan Hough	00	Unattached	8:52.03	
8 Carson Liebreich	01	Radville Regional High School	8:58.81	
9 Parker Bloom	01	Irwin Swift Current	9:06.97	

**2013 U of R Cougar Trot - 14/09/2013****Regina - Wascana Park****Results - Saturday****Results - Men ... (Boys 2000 Meter Run CC Bantam)**

	Name	Yr	Team	Finals	Points
10	Max Messier	00	Saint Augustine School	9:10.15	
11	Tanner Ewert	01	Irwin Swift Current	9:10.56	

**Boys 3k Run CC Midget**

	Name	Yr	Team	Finals	Points
<b>Results - Men</b>					
1	Kaden Nilson	99	Queen City Striders	10:13.38	
2	Matthew Exner	99	Queen City Striders	10:26.22	
3	Jeret Porte	99	Yorkton Regional High School	10:41.25	
4	Kalen Roney	98	Moose Jaw Peacock	10:48.47	
5	Cole Burkholder	98	Yorkton Regional High School	10:51.00	
6	Michael Thiel	99	Excel Athletika	10:56.47	
7	Hunter Bosch	99	Moose Jaw Vanier	11:15.06	
8	Luke Donauer	99	Unattached	11:33.91	
9	Jordan Kitchen	99	Unattached	11:48.38	
10	Alex Fish	99	Unattached	12:10.06	
11	Wil Norton	98	Queen City Striders	12:56.18	

**Boys 4k Run CC Youth**

	Name	Yr	Team	Finals	Points
<b>Results - Men</b>					
1	Emmanuel Ginawi	97	Queen City Striders	14:40.91	
2	James Hough	97	Saskatoon Track & Field	14:41.44	
3	Graeme Fish	97	Moose Jaw Peacock	15:04.34	
4	Jeffrey Strueby	97	Excel Athletika	15:34.09	
5	Jared Welsh	96	Saskatoon Track & Field	16:01.10	

**Men 8k Run CC Open**

	Name	Yr	Team	Finals	Points
<b>Results - Men</b>					
1	Iain Fyfe	88	Univ. of Regina Track Club	26:12.69	
2	Wyatt Baiton	91	University of Regina	26:25.12	
3	Adam Strueby	94	University of Regina	26:32.91	
4	Michael Middlemiss	92	University of Regina	27:01.12	
5	Matthew Johnson	97	Queen City Striders	27:34.59	
6	Sean Hooper	93	University of Regina	27:45.03	
7	Riley Magee	90	U of S A	28:12.62	
8	Alex Eiswerth	95	University of Regina	28:16.91	
9	Russell Neff	85	Regina Monologues	28:22.56	
10	Robert Bigsby	94	U of S A	28:23.21	
11	Reid Balezantis	94	U of S B	28:25.09	
12	Taryn Heidecker	94	U of S A	28:25.40	
13	Marc Turmel	95	Excel Athletika	28:28.00	
14	Eric Mueller	91	U of S A	29:12.03	
15	Jaden Porte	97	Yorkton Regional High School	29:25.31	
16	Evan Hauber	94	University of Regina	29:26.15	
17	Alex Senger	95	U of S B	29:42.84	
18	Friday Ginawi	95	Queen City Striders	30:09.18	
19	Shawn McLean	91	University of Regina	30:22.41	
20	Daniel Ferguson	96	Moose Jaw Peacock	31:20.15	

**2013 U of R Cougar Trot - 14/09/2013****Regina - Wascana Park****Results - Saturday****Results - Men ... (Men 8k Run CC Open)**

	<b>Name</b>	<b>Yr</b>	<b>Team</b>	<b>Finals</b>	<b>Points</b>
21	Miguel Potosme	90	Unattached	31:21.66	
22	Mackenzie Dawson	94	U of S B	31:30.72	
23	Mason Stott	92	U of S B	33:39.94	

**Men 6k Run CC Masters**

	<b>Name</b>	<b>Yr</b>	<b>Team</b>	<b>Finals</b>	<b>Points</b>
<b>Results - Men</b>					
1	Dave Olsen	55	Unattached	26:42.95	
2	Arden Pierce	70	Irwin Swift Current	26:50.18	
3	Grant Van Eaton	60	Jaleta Pacers	27:30.02	

**Men 6k Run CC Junior**

	<b>Name</b>	<b>Yr</b>	<b>Team</b>	<b>Finals</b>	<b>Points</b>
<b>Results - Men</b>					
1	Eric Preston	95	Excel Athletika	22:58.18	



