

**Zone 5 Summer Games Trials  
Results  
Tuesday June 3, 2014**

**Long Jump**

Emma Rastad	NorW	5.17m
Julie Kwai	Magee	5.11m
Kristen Schultz	NorW	4.91m
Christy Elliott	NorW	4.65m
Cassidy Gee	VOC	4.64m
Janice Lam	VOC	4.38m
Danielle Miller	Thund	4.32m
Julia Ho	OLV	4.31m
Hanna Dodd	Thund	4.14m
Mahlet Bereket	VOC	4.07m

**Shot Put**

Emma Rastad	NorW	9.01m
Kristie Elliott	NorW	8.60m
Caolinn Meguire	Wind	7.17m
Kristen Schultz	NorW	6.25m
Canryn Yuen	NorW	5.17m

**Javelin**

Lily Riggs	Elphi	27.60m
Rachel Wu	Lions	21.45m

**800m**

Megan Roxby	WV	2:22.95
Madeline Pringle	Thund	2:24.74
Lucy Schick	Elphi	2:28.76
Leiah Kirsh	Thund	2:29.58
Charlotte Campbell	HH	2:32.59
Meghan Fjell	Thund	2:33.24
Kennedy Randall	Thund	2:37.11
Makena Marshall	Thund	2:37.34

**100m**

Kristin Schultz	NorW	12.87
Julie Kawai	Magee	12.89
Camryn Yuen	NorW	12.91
Janice Lam	VOC	13.28

Isabel Alzua-Hardwick	Thund	13.28
Carolinn McGuire	Windsor	13.35
Simone Slipper	Hand	13.50
Mahlet Bereket	VOC	13.62
Julia Ho	OLV	13.63
Danielle Miller	Thund	13.83
Lucy Schick	Elphi	13.95
Rachel Wu	Lions	14.51

### **2000m**

Megan Roxby	WV	6:56.16
Leiah Kirsh	Thund	6:58.74
Marley Beckett	HH	7:10.32
Manon Plouvier	Thund	7:13.23
Charlotte Camp	HH	7:14.95
Kennedy Randall	Thund	7:16.97
Madeleine Pringle	Thund	7:23.24
Makena Marshall	Thund	7:27.65
Meghan Fjell	Thund	7:36.49
Sydney Des Brisay	Thund	7:43.50

### **300m**

Kristen Schultz	NorW	43.21
Simone Slipper	Hands	44.32
Isabel Alzula-Hardwick	Thund	44.60
Lucy Schick	Elphi	44.84
Hannah Dodd	Thund	44.96
Kristie Elliott	NorW	45.45
Camryn Yuen	NorW	46.26
Janice Lam	VOC	46.52
Caolinn McGuire	Wind	47.90
Manon Plouvier	Thund	50.51
Sydney Des Brisay	Thund	53.99

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Braydon Roman	NorW	5.41m
Paul Fisher	Thund	5.28m
Dylan Rachel	NorW	5.20m
Mackenzie Riddell	NorW	4.93m
Wayne Yang	Don Ross	4.92m
Hunter Verner	Don Ross	4.74m
Luke Parry	Don Ross	4.69m
Tobin Sparling	NorW	4.60m

**Shot Put**

Brendon Chandra	BS	12.47m
Henry Davitt	Suth.	11.55m
Mackenzie Riddell	NorW	9.14m
Allen Jack	Coll	8.05m
Hunter Verner	Don Ross	6.97m
Hale Dewar	WV	5.22m

**Javelin**

Henry Davitt	Suth	36.96m
Anastas Eliopoulos	VOC	32.37m
Tobin Sparling	NorW	29.74m
Hale Dewar	WV	19.19m

**100m**

Quinn Litherland	Thund	11.20
Anastas Eliopoulos	VOC	11.45
Liam Rankin	Elphi	11.63
Kyle Jang	VOC	11.71
Ben Wang	VOC	11.73
Braydon Roman	NorW	11.85
Griffin Chow	VOC	11.87
Cage Van Liempt	Suth	12.19
Zachary Welton	Whistler	12.52
Dylan Rachel	NorW	12.64
Tobin Sparling	NorW	12.79
Josh Hale	BS	14.26

**800m**

Thomas Nobbs	VOC	2:03.19
Luke Harris	NorW	2:03.47
Alec Wilson	Hershey	2:11.29
Paul Fisher	Thund	2:12.18
Mackenzie Riddell	NorW	2:21.89
Ben Luporini	Elphi	2:22.37
Luke Parry	Don Ross	2:24.04
Elliott Wadge	Chatelech	2:27.61
Hunter Verner	Don Ross	2:32.31
Danielle Costillo	BS	2:52.48

### **2000m**

Thomas Nobbs	VOC	6:11.52
Benjamin Praetzel	Thund	6:23.46
Alec Wilson	H H	6:30.12
Ross Henderson	NorW	6:32.65
Calum Mackenzie	Thund	6:50.53
Daniel Costillo	B S	8:12.02

### **300m**

Quinn Litherland	Thund	36.38
Luke Harris	NorW	37.87
Kyle Jang	VOC	38.20
Liam Rankin	Elphi	40.01
Ben Wang	VOC	40.02
Griffin Chow	VOC	40.95
Tobin Sparling	NorW	42.62
Wayne Yang	Don Ross	43.49
Luke Parry	Don Ross	44.61
Josh Hale	BS	48.13

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Isabel Alzula-Hardwick	Thund	44.60
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Kristie Elliott	NorW	45.45
Camryn Yuen	NorW	46.26
Janice Lam	VOC	46.52
Caolinn McGuire	Wind	47.90
Manon Plouvier	Thund	50.51
Sydney Des Brisay	Thund	53.99

**Tuesday June 4, 2014**

**Pole Vault**

Jacqueline Hall	Thund	1.90m
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**Race Walk**

No girls competed.

**Discus**

Lilly Riggs	Elphi	24.40m
Kristy Elliott	NorW	18.17m
Caitlin Jordan	Coll	14.60m

**Hammer**

Kristy Elliott	NorW	26.12m
Lily Riggs	Elphi	24.82m
Caitlin Gordon	Coll	16.36m

## Thursday June 5, Handsworth Track

### High Jump

Julie Kawai Herdman	Magee	1.53m
Georgie Aleong	Elphi	1.40m

### Triple Jump

Kristen Schulz	NorW	10.06
Kristie Elliott	NorW	9.95m
Cassidy Gee	VOC	9.64m
Georgie Aleong	Elphi	9.45m
Julia Ho	VOC	9.27m
Sophia Terry	Sentinel	9.17m
Mahlet Bereket	VOC	9.11m

### 80m Hurdles

Emma Rastad	NorW	11.78
Kristie Elliott	NorW	12.44
Kristen Schulz	NorW	13.19
Danielle Miller	Thund	13.65
Cassidy Gee	VOC	14.10
Julia Ho	VOC	14.41
Hannah Dodd	Thund	17.05

### 1200m

Megan Roxby	W Van Sec.	3:48.70
Leiah Kirsh	Thund	3:50.70
Marlet Bereket	VOC	3:54.57
Manon Plouvier	Thund	3:57.06
Charlotte Campbell	HH	3:59.00
Madeleine Pringle	Thund	4:00.92
Lucy Schick	Elphi	4:03.83
Meghan Fjell	Thund	4:06.52
Kennedy Randall	Thund	4:10.23
Sydney Des Brisay	Thund	4:16.88

### 200m

Emma Rastad	NorW	26.01
Simone Slipper	Hand	27.00
Camryn Yuen	NorW	27.36
Isabel Alzula-Hardwick	Thund	27.52



Danielle Miller	Thund	27.60
Hannah Dodd	Thund	28.46
Mahlet Bereket	VOC	28.86
Lucy Schick	Elphi	29.19

### **200m H**

Kristie Elliott	NorW	30.28
Hannah Dodd	Thund	31.51

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**Shot Put**

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Henry Davitt	Suth.	11.55m
Mackenzie Riddell	NorW	9.14m
Allen Jack	Coll	8.05m
Hunter Verner	Don Ross	6.97m
Hale Dewar	WV	5.22m

**Javelin**

Henry Davitt	Suth	36.96m
Anastas Eliopoulos	VOC	32.37m
Tobin Sparling	NorW	29.74m
Hale Dewar	WV	19.19m

**100m**

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Anastas Eliopoulos	VOC	11.45
Liam Rankin	Elphi	11.63
Kyle Jang	VOC	11.71
Ben Wang	VOC	11.73
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Luke Parry	Don Ross	44.61
Josh Hale	BS	48.13

## Tuesday June 4, West Van Track

### Racewalk

Nima Parsakish      Racewalk West

### PV

No boys participated.

### Discus

Brendon Chandra	BS	40.19m
Henry Davitt	Suth.	36.12m
Roger Wang	Kaj	31.15m
Dylan Rachel	NorW	25.55m
Jack Allen	Coll	21.37m

### Hammer

Brendon Chandra	BS	33.64m
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## Wednesday June 5, Handsworth Track

### High Jump

Mackenzie Riddell	NorW	1.63m	1
Dylan Rachel	NorW	1.60m	2
Braydon Roman	NorW	1.55m	3
Thomas Neal	Sentinel	1.55m	3
Hunter Verner	Don Ross	1.50m	5
Luka Poljak	Thund	1.50m	6
Angus Duguid	NorW	1.45m	7
Ross Henderson	NorW	1.40	8
Zachary Welton	Whistler	N	Ht

### Triple Jump

Braydon Roman	NorW	12.10m
Thomas Neal	Sentinel	11.23m
Wayne Yang	Don Ross	10.93m
Hunter Verner	Don Ross	10.65m
Tobin Sparling	NorW	10.10m

### 100m Hurdles

Anastas Eliopoulos	VOC	15.00
Dylan Rachel	NorW	16.58
Mackenzie Riddell	NorW	16.81
Hunter Verner	Don Ross	18.33

### 1200m.

Luke Harris	NorW	3:29.10
Alec Wilson	HH	3:30.29
Benjamin Paetzel	Thund	3:38.14
Ross Henderson	NorW	3:39.63
Calum Mackenzie	Thund	3:40.85
Luke Parry	Don Ross	3:55.04
Daniel Costillo	BS	4:34.75

## 200m

Quinn Litherland	Thund	23.17
Kyle Jang	VOC	23.93
Liam Rankin	Elphi	24.16
Ben Wang	VOC	24.26
Braydon Roman	NorW	24.35
Griffin Chow	VOC	24.98
Paul Fisher	Thund	25.06
Zacary Welton	Whistler	25.60
Tobin Sparling	NorW	26.36
Wayne Yang	Don Ross	27.17
Luke Parry	Don Ross	28.09
Josh Hale	BS	30.29

## 200m Hurdles

Anastas Eliopoulos	VOC	27.67
Paul Fisher	Thund	28.55
Angus Duguid	NorW	33.00