

U12

Norman Greidanus	23:07.4
Ethan Pols	26:19.9
Simon Klassens'	29:25.2

U14

Kiera Greidanus	23:41.4
Karissa Klassens	29:30.2

Yahya Moustaid	21:42.6
Quinten Klassens	25:01.6

U16

Tyson Versteeg	18:12.0
Calvin Klassens	31:02.8

U20

Ahmed Habib	17:16.9
Tofik Said	17:35.2
Daniel Brisson	18:40.3
Abdifattah	22:05.4
Nebil	DNF

U40

Patrick Sperling	16:05.0
Jevin Monds	16:06.3
Trevor Maclean	16:13.7
Graham Nishikawa	16:46.3
Henry Greidanus	22:27.7

Shaylene Bullee	22:49.2
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Over 40

Terence Palmer	
Jack Cook	18:56.3

Cosette Lemelin	19:31.0
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